

# ACEing Residency

- ACEing Residency- Links
  - ACEing Residency-Links
- ACEs Awareness- Training and Attestation
  - Pre-Training Questionnaire
  - Post Training Questionnaire
  - Pre-Training Data
  - Post Training Questionnaire Data
  - ACEs Aware PowerPoint
  - ACEs Aware Training
  - ACEs Aware Attestation
  - ACEs Aware Website Resources- Questionnaires for Clinic Screening
- Clinic Implementation (September 2021- December 2021)
  - Clinic Screening Data

# ACEing Residency- Links

This section includes links for the following:

1. CAFP ACEing Residency Poster
2. ACEs Video
3. ACEs White Paper

# ACEing Residency-Links

1. CAFP "ACEing Residency" Poster:

<https://docs.google.com/presentation/d/1XW2yjOAYav7dxQjeTBPgGdZQrV00RxAw/edit?usp=sharing&ouid=101540590564494398620&rtpof=true&sd=true>

2. ACEs Video (Revolutionizing Healthcare through Trauma Informed Approaches in Fresno County): [https://www.youtube.com/watch?v=2Rjhzll\\_2Xs](https://www.youtube.com/watch?v=2Rjhzll_2Xs)

3. ACEs White Paper (Implementing ACEs Screenings and Trauma-Informed Care in California Residency Programs): <https://www.acesaware.org/wp-content/uploads/2021/12/SAMC-ACEs-Aware-Pratice-Paper-FINAL.pdf>

# ACEs Awareness- Training and Attestation

From the months of November 2020 until August 2021, we focused on creating 100% ACEs aware training and attestation on the ACEs Aware Website to have Saint Agnes Medical Center (SAMC) be ACEs Aware and so we could meet our deadline of beginning ACEs Screenings in clinic during the 2021-2022 academic year.

# Pre-Training Questionnaire

## ACEs Pre-Questionnaire

1. Position:
  1. Staff
  2. Attending
  3. MA
  4. PGY-1
  5. PGY-2
  6. PGY-3
2. Have you started/completed the ACE's Aware training?
  1. Yes
  2. No
3. What does ACE's stand for in the medical field?
  1. Angiotensin-Converting Enzyme
  2. Adult Continuing Education
  3. **Adverse Childhood Experiences**
  4. Abstinence Commitment Effect
  5. Advocates for Children's Education
4. Which question is not a part of the ACE's screening questionnaire?
  1. Did you live with anyone who went to jail or prison?
  2. **Did you ever have thoughts of running away from home?**
  3. Did you feel that no one in your family loved you or thought you were special?
  4. Did you live with anyone who was depressed, mentally ill, or attempted suicide?
5. Ace's screening can only be applied to adults.
  1. True
  2. **False**
6. What is the age cut off for someone to experience ACE's.
  1. 21
  2. No cut off
  3. **18**
  4. 20
7. Medi-Cal providers can be reimbursed for ACEs screening in Medi-Cal patients?
  1. **True**

2. False
8. ACE's Awareness Training in California is free of charge.
  1. **True**
  2. False
9. Data shows that \_\_\_\_\_ of Californian residents have experienced at least one ACE and \_\_\_\_\_ having experienced four or more ACEs.
  1. 27%, 8%
  2. **62%, 16%**
  3. 78%, 23%
  4. 7%, 3%
10. Which of the following is a false statement? People with four or more ACEs are:
  1. 3.2 x as likely to have chronic low respiratory disease
  2. 37.5 x as likely to attempt suicide
  3. 1.4 x as likely to have diabetes
  4. 2 to 2.3 x as likely to have a stroke, cancer, or heart disease
  5. **All of these are true**
11. Having a high ACEs score will determine your future health regardless of any protective factor:
  1. True
  2. **False**
12. Which of these are considered protective factors for the toxic stress physiology associated with ACEs?
  1. **Supportive relationships, including peers, caregivers, and other family members.**
  2. Taking preventative medicine.
  3. Being aware of ACEs and accepting their impact on one's life.
  4. There are no protective factors for toxic stress.
13. Question about learning opportunities- "How do you best learn about health care topics at work?"
  1. HealthStream
  2. Live (in-person/virtual) education series
  3. DocTalk
  4. Brochures/Handouts
  5. Short videos such as (soundbites)
  6. Podcasts
  7. Other- Please describe

# Post Training Questionnaire

## ACEs Post-Questionnaire

1. What does ACE's stand for in the medical field?
  1. Angiotensin-Converting Enzyme
  2. Adult Continuing Education
  3. **Adverse Childhood Experiences**
  4. Abstinence Commitment Effect
  5. Advocates for Children's Education
2. Which question is not a part of the ACE's screening questionnaire?
  1. Did you live with anyone who went to jail or prison?
  2. **Did you ever have thoughts of running away from home?**
  3. Did you feel that no one in your family loved you or thought you were special?
  4. Did you live with anyone who was depressed, mentally ill, or attempted suicide?
3. Ace's screening can only be applied to adults.
  1. True
  2. **False**
4. What is the age cut off for someone to experience ACE's.
  1. 21
  2. No cut off
  3. **18**
  4. 20
5. Medi-Cal providers can be reimbursed for ACEs screening in Medi-Cal patients?
  1. **True**
  2. False
6. ACE's Awareness Training in California is free of charge.
  1. **True**
  2. False
7. Data shows that \_\_\_\_\_ of Californian residents have experienced at least one ACE and \_\_\_\_\_ having experienced four or more ACEs.
  1. 27%, 8%
  2. **62%, 16%**
  3. 78%, 23%
  4. 7%, 3%

8. Which of the following is a false statement? People with four or more ACEs are:
1. 3.2 x as likely to have chronic low respiratory disease
  2. 37.5 x as likely to attempt suicide
  3. 1.4 x as likely to have diabetes
  4. 2 to 2.3 x as likely to have a stroke, cancer, or heart disease
  5. **All of these are true**
9. Having a high ACEs score will determine your future health regardless of any protective factor:
1. True
  2. **False**
10. Which of these are considered protective factors for the toxic stress physiology associated with ACEs?
1. **Supportive relationships, including peers, caregivers, and other family members.**
  2. Taking preventative medicine.
  3. Being aware of ACEs and accepting their impact on one's life.
  4. There are no protective factors for toxic stress.
11. The information provided in this presentation:
1. Was too detailed.
  2. Was the perfect amount.
  3. Was not enough information.
12. **Please provide your name:** \_\_\_\_\_



# Pre-Training Data

What does ACE's stand for in the medical field?

<u>ANSWER CHOICES</u>	<u>RESPONSES</u>
a. Angiotensin-Converting Enzyme	8.11% 3
b. Adult Continuing Education	2.70% 1
c. Adverse Childhood Experiences	83.78% 31
d. Abstinence Commitment Effect	2.70% 1
e. Advocates for Children's Education	2.70% 1
TOTAL	37

Which question is not a part of the ACE's screening questionnaire?

<u>ANSWER CHOICES</u>	<u>RESPONSES</u>
a. Did you live with anyone who went to jail or prison?	43.24% 16
b. Did you ever have thoughts of running away from home?	16.22% 6
c. Did you feel that no one in your family loved you or thought you were special?	29.73% 11
d. Did you live with anyone who was depressed, mentally ill, or attempted suicide?	10.81% 4
TOTAL	37

ACE's screening can only be applied to adults.

<u>ANSWER CHOICES</u>	<u>RESPONSES</u>
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a. True	13.51% 5
b. False	86.49% 32
TOTAL	37

What is the age cut off for someone to experience ACEs?

<b><u>ANSWER CHOICES</u></b>	<b><u>RESPONSES</u></b>
a. 21	2.70% 1
b. No cut off	70.27% 26
c. 18	27.03% 10
d. 20	0.00% 0
TOTAL	37

Medi-Cal providers can be reimbursed for ACEs screening in Medi-Cal patients?

<b><u>ANSWER CHOICES</u></b>	<b><u>RESPONSES</u></b>
a. True	94.59% 35
b. False	5.41% 2
TOTAL	37

ACE's Awareness Training in California is free of charge.

<b><u>ANSWER CHOICES</u></b>	<b><u>RESPONSES</u></b>
a. True	97.30% 36
b. False	2.70% 1
TOTAL	37

Data shows that \_\_\_ of Californian residents have experienced at least one ACE and \_\_\_ have experienced four or more ACEs.

<b><u>ANSWER CHOICES</u></b>	<b><u>RESPONSES</u></b>
a. 27%, 8%	27.03% 10
b. 62%, 16%	35.14% 13
c. 78%, 23%	32.43% 12
d. 7%, 3%	5.41% 2
TOTAL	37

Which of the following is a false statement? People with four or more ACEs are:

<b><u>ANSWER CHOICES</u></b>	<b><u>RESPONSES</u></b>
a. 3.2 x as likely to have chronic low respiratory disease	2.70% 1
b. 37.5 x as likely to attempt suicide	8.11% 3
c. 1.4 x as likely to have diabetes	5.41% 2
d. 2 to 2.3 x as likely to have a stroke, cancer, or heart disease	5.41% 2
e. All of these are true	78.38% 29
TOTAL	37

Having a high ACEs score will determine your future health regardless of any protective factor

<b><u>ANSWER CHOICES</u></b>	<b><u>RESPONSES</u></b>
a. True	64.86% 24
b. False	35.14% 13
TOTAL	37

Which of these are considered protective factors for the toxic stress physiology associated with ACEs?

<b><u>ANSWER CHOICES</u></b>	<b><u>RESPONSES</u></b>
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a. Supportive relationships, including peers, caregivers and other family members.	67.57% 25
b. Taking preventative medicine.	10.81% 4
c. Being aware of ACEs and accepting their impact on one's life.	18.92% 7
d. There are no protective factors for toxic stress.	2.70% 1
TOTAL	37

# Post Training Questionnaire Data

To interpret the data below, please see the numbered questions below corresponding to Q1...Q10. The answers have been truncated to fit onto the table. Please see the preceding Post Training Questionnaire for the full responses as well as the answers (bolded).

Questions:

1. What does ACE's stand for in the medical field?
2. Which question is not part of the ACE's screening questionnaire?
3. ACE's screening can only be applied to adults.
4. What is the age cut off for someone to experience ACEs?
5. Medi-Cal providers can be reimbursed for ACEs screening in Medi-Cal patients?
6. Are you aware that ACE's Aware Training in California is free of charge?
7. Data shows that \_\_\_ of Californian residents have experienced at least one ACE and \_\_\_ have experienced four or more ACEs.
8. Which of the following is a false statement?
9. People with four or more ACEs are: Having a high ACEs score will determine your future health regardless of any protective factor
10. Which of these are considered protective favors for the toxic stress physiology associated with ACEs?



Respon	Adverse	Feel	F	21	T	Y	78%,	All are	T	Support
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ACEs Awareness- Training and Attestation

# ACEs Aware PowerPoint

<https://docs.google.com/presentation/d/13Op55PKSH0PH8cTiWY1G1UnZ7vNI0dJl/edit?usp=sharing&ouid=101540590564494398620&rtpof=true&sd=true>



ACEs Awareness- Training and Attestation

# ACEs Aware Training

Please see the following link to be transferred to the ACEs Aware Training.

<https://training.acesaware.org/>

# ACEs Aware Attestation

Please follow the below link to arrive at the online ACE Aware Provider Attestation page that was required for all provider (physicians, PAs, NPs) to be self-attested after July 1, 2020 to screen for ACEs in their clinics.

<https://www.medi-cal.ca.gov/TSTA/TSTAattest.aspx>

# ACEs Aware Website Resources- Questionnaires for Clinic Screening

PEARLS Questionnaire

<https://www.acesaware.org/wp-content/uploads/2019/12/PEARLS-Tool-Child-Parent-Caregiver-Report-De-Identified-English.pdf>

Adverse Childhood Expeience for Adults Questionnaire

<https://www.acesaware.org/wp-content/uploads/2020/02/ACE-Questionnaire-for-Adults-Identified-English.pdf>

# Clinic Implementation (September 2021- December 2021)

Here is the preliminary data we have for the number of screenings performed, and out of those screenings, how many patients have had community health workers provide them with resources that they need.

Clinic Implementation (September 2021- December 2021)

# Clinic Screening Data

89 Referrals received

134 encounters

113 Connections

42 closed loop referrals

19 closed cases-received help

ACEs >4: 11

## **Top stress busters:**

Mental Health/Supportive relationships

Quality sleep

Balanced Nutrition