

# Pre-Training Questionnaire

## ACEs Pre-Questionnaire

1. Position:
  1. Staff
  2. Attending
  3. MA
  4. PGY-1
  5. PGY-2
  6. PGY-3
  
2. Have you started/completed the ACE's Aware training?
  1. Yes
  2. No
  
3. What does ACE's stand for in the medical field?
  1. Angiotensin-Converting Enzyme
  2. Adult Continuing Education
  3. **Adverse Childhood Experiences**
  4. Abstinence Commitment Effect
  5. Advocates for Children's Education
  
4. Which question is not a part of the ACE's screening questionnaire?
  1. Did you live with anyone who went to jail or prison?
  2. **Did you ever have thoughts of running away from home?**
  3. Did you feel that no one in your family loved you or thought you were special?
  4. Did you live with anyone who was depressed, mentally ill, or attempted suicide?
  
5. Ace's screening can only be applied to adults.
  1. True
  2. **False**
  
6. What is the age cut off for someone to experience ACE's.
  1. 21
  2. No cut off
  3. **18**
  4. 20
  
7. Medi-Cal providers can be reimbursed for ACEs screening in Medi-Cal patients?
  1. **True**
  2. False
  
8. ACE's Awareness Training in California is free of charge.

1. **True**
  2. False
9. Data shows that \_\_\_\_\_ of Californian residents have experienced at least one ACE and \_\_\_\_\_ having experienced four or more ACEs.
1. 27%, 8%
  2. **62%, 16%**
  3. 78%, 23%
  4. 7%, 3%
10. Which of the following is a false statement? People with four or more ACEs are:
1. 3.2 x as likely to have chronic low respiratory disease
  2. 37.5 x as likely to attempt suicide
  3. 1.4 x as likely to have diabetes
  4. 2 to 2.3 x as likely to have a stroke, cancer, or heart disease
  5. **All of these are true**
11. Having a high ACEs score will determine your future health regardless of any protective factor:
1. True
  2. **False**
12. Which of these are considered protective factors for the toxic stress physiology associated with ACEs?
1. **Supportive relationships, including peers, caregivers, and other family members.**
  2. Taking preventative medicine.
  3. Being aware of ACEs and accepting their impact on one's life.
  4. There are no protective factors for toxic stress.
13. Question about learning opportunities- "How do you best learn about health care topics at work?"
1. HealthStream
  2. Live (in-person/virtual) education series
  3. DocTalk
  4. Brochures/Handouts
  5. Short videos such as (soundbites)
  6. Podcasts
  7. Other- Please describe

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