

Constipation

Check if patient has Bowel Obstruction before giving anything PO

Stool Softeners - Colace 100-250mg po qd or bid

Osmotic Laxatives

- MiraLAX 17gm daily
- Lactulose 30ml q4hr until bowel movement
- Milk of Magnesia 30ml to 60ml qd

Suppository - Dulcolax 10mg qd, mineral oil enema, fleet enema

Patients started on narcotics should be advised about constipation. Also patient's on chronic narcotics should be on bowel regimen to prevent constipation.

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