

# Nonstress Testing

## Contraindications:

Gestational age <24 weeks

## Interpretation:

### >32 weeks

Reactive NST: two fetal heart rate accelerations within a 20-minute interval, peaking at least 15 beats per minute above the base line and lasting 15 seconds

### <32 weeks

Reassuring for gestational age: two fetal heart rate accelerations 10 beats above the baseline and lasting for 10 seconds within a 20-minute interval.

## NST

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