

Routine Testing Intervals/Schedules

Initial Visit or First trimester visit:

- Prenatal Panel: CBC, GC/Chlamydia, HIV, Rubella, RPR, HBsAg, UA, Urine culture, Blood type, Rh (D), Antibody
- First trimester screening between 10 weeks to 13 6/7 weeks of pregnancy
- Pap smear at 21 y.o and older, if indicated
- First trimester ultrasound
- Assess risk factors and if positive risk factors consider:
 - Referral to perinatologist
 - Fully integrated prenatal screening, 1hr GCT, PIH panel, TSH, TB testing, Microalbumin urine or 24hr
- Vaccine: Flu in season, IMPRESS need for COVID vaccination as early in pregnancy as possible
- Counseling: Diet/Exercise/Meds/Breastfeeding (EVERY VISIT for BF'ing)

14 to 20 weeks:

- 2nd trimester screening and AFP (15 0/7-19 6/7 weeks)
- Sono: 2nd TM US (18-24) for anomalies and growth
- Vaccine: flu in season

20 to 32 weeks:

- Labs: Repeat CBC and RPR for 2nd TM
- Glucose Tolerance Test after 24 weeks
- RhoGam at 28 weeks, after repeat testing for antibodies
- Vaccines: flu in season, Tdap at 27+ weeks
- Counseling: Kick count and PTL precautions at 28 weeks onwards

32 to 36 weeks:

- Vaccines: flu in season, Tdap if not received already
- Labs: Rpt CBC, GC/chlamydia, RPR during third TM

- Sono: if needed for placental location
- Fetal position (vertex or breech)
- Hospital registration at 34+ weeks
- Fill out BTL consent in cases of desired sterilization with c-section. Send a copy to L&D
- Counseling: Epidural/Lactation/Contraceptives

36 to 40 weeks:

- Send GBS
- Start NST monitoring at 40 weeks
- Set proper expectations for induction at 38-39 weeks and consider induction at 40-41 weeks

Perinatal Care Chp 6. Page 159

Prenatal Genetic Screening Test

Revision #4

Created 25 February 2022 06:44:51 by Katarina Soewono

Updated 30 June 2022 21:56:35 by George Neves, MD